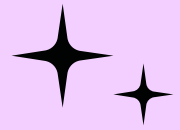


ELITE RECREATIONAL CLASSES FOR 2026/2027

INTRODUCTORY PROGRAM				
LITTLE STARS ACADEMY				
CLASS	AGE	GRADE	DAY	TIME
TWINKLE TOES	2-3	NA	SATURDAY	9:00-9:45AM
TINY BEAT BREAKERS	2-3	NA	THURSDAY	4:00-4:30PM
TUMBLE SPROUTS	2-3	NA	THURSDAY	4:30-5:00PM
TINY DANCERS CLUB				
CLASS	AGE	GRADE	DAY	TIME
TUTUS AND TAP SHOES	3-4	PRE/PRE-K	MONDAY	5:00-5:45PM
TUTUS AND TAP SHOES	3-4	PRE/PRE-K	SATURDAY	9:45-10:30AM
MINI GROOVE CREW	3-4	PRE/PRE-K	MONDAY	5:45-6:30PM
TUMBLE BUGS	3-4	PRE/PRE-K	MONDAY	4:15-5:00PM
MINI MOVERS				
CLASS	AGE	GRADE	DAY	TIME
TWIRL SQUAD BALLET AND TAP	5-6	KINDERGARTEN	THURSDAY	5:00-5:45PM
TWIRL SQUAD BALLET AND TAP	5-6	KINDERGARTEN	SATURDAY	10:30-11:15AM
SPARKLE SQUAD HIP HOP	5-6	KINDERGARTEN	FRIDAY	5:30-6:15PM
SPARKLE SQUAD TUMBLING	5-6	KINDERGARTEN	FRIDAY	4:45-5:30PM
SPARKLE SQUAD CHEER	5-6	KINDERGARTEN	FRIDAY	4:00-4:45PM
PRIMARY PROGRAM				
CLASS	AGE	GRADE	DAY	TIME
SPOTLIGHT COMBO	6-7	1-2 GRADE	TUESDAY	5:00-6:00PM
SPOTLIGHT COMBO	6-7	1-2 GRADE	SATURDAY	9:00-10:00AM
PRIMARY HIP HOP CREW	6-7	1-2 GRADE	TUESDAY	4:15-5:00PM
PRIMARY ACRO CREW	6-7	1-2 GRADE	TUESDAY	6:00-6:45PM
SECONDARY PROGRAM				
CLASS	AGE	GRADE	DAY	TIME
STAGE STARS COMBO	8-9	3-4 GRADE	WEDNESDAY	5:00-6:00PM
SECONDARY HIP HOP CREW	8-9	3-4 GRADE	WEDNESDAY	4:15-5:00PM
SECONDARY ACRO CREW	8-9	3-4 GRADE	WEDNESDAY	6:00-6:45PM
ELITE TWEEN DANCE CLUB				
CLASS	AGE	GRADE	DAY	TIME
TWEEN JAZZ/LYRICAL	10-12	5-7 GRADE	FRIDAY	4:45-5:30PM
TWEEN HIP HOP	10-12	5-7 GRADE	FRIDAY	4:00-4:45PM
TWEEN/TEEN ACRO	10-12	5-7 GRADE	THURSDAY	5:45-6:30PM
TWEEN/TEEN BALLET	10-12	5-7 GRADE	THURSDAY	6:30-7:15PM
ELITE TEEN DANCE CLUB				
CLASS	AGE	GRADE	DAY	TIME
TEEN HIP HOP	13-16	8 AND UP	FRIDAY	4:45-5:30PM
TEEN JAZZ/LYRICAL	13-16	8 AND UP	FRIDAY	4:00-4:45PM
TWEEN/TEEN ACRO	13-16	8 AND UP	THURSDAY	5:45-6:30PM
TWEEN/TEEN BALLET	13-16	8 AND UP	THURSDAY	6:30-7:15PM
LATIN FUSION PROGRAM				
CLASS	AGE	GRADE	DAY	TIME
LATIN GROOVE KIDS	6-9	1-4 GRADE	FRIDAY	6:15-7:00PM
FUEGO FUSION	10-16	5 AND UP	FRIDAY	5:30-6:15PM
BOYS HIP HOP				
CLASS	AGE	GRADE	DAY	TIME
BOYS HIP HOP	5-10	KINDER - 5TH	MONDAY	6:30-7:15PM



ELITE ACADEMY OF DANCE

Recreational Programs

2026/2027 Season, begins September 8th!

Recreational Dance Programs

Where dancers grow, shine, and build confidence—every step of the way.

From first steps to teen classes, our programs are designed to support every dancer's journey. Whether your child is just starting out or looking for a fun, social way to stay active, we offer age-appropriate classes that build confidence, coordination, creativity, and a love for dance in a positive and encouraging environment.

PROGRAM HIGHLIGHTS:

- Introductory Program
 - Little Stars Academy
 - Tiny Dancers Club
 - Mini Movers
- Primary Program
- Secondary Program
- Teen/Tween Program
- Latin Dance Program
- and more!



Registration opens for returning students

MAY 18TH, 2026



508-842-5500



www.elitedance-ma.com



697 Hartford Turnpike Rd,
Shrewsbury



INTRODUCTORY DANCE PROGRAM

AGE GROUP: 2-6 YEARS OLD

Little Stars Academy (Ages 2-3)

Tiny Beat Breakers – Hip Hop – A playful introduction to rhythm and movement through upbeat music and fun, high-energy dancing.

Skills: Coordination, rhythm, listening, confidence

Attire: Athletic wear, sneakers.

Tumble Sprouts – Intro to Acrobatics – An engaging class focused on basic tumbling skills, balance, and coordination.

Skills: Strength, flexibility, body awareness

Attire: Leotard or athletic wear, bare feet

Twinkle Toes – Creative movement/intro to ballet – A magical combo class introducing ballet through creative movement and structured play.

Skills: Musicality, coordination, basic technique

Attire: Leotard, white tights & Capezio pink ballet shoes

Tiny Dancers Club (Ages 3-4) – preschool and pre-k

Mini Groove Crew – Hip Hop – A fun and energetic class that builds rhythm, coordination, and confidence.

Skills: Musicality, coordination, performance

Attire: Athletic wear, sneakers

Tumble Bugs – Intro to Acrobatics – Continued development of foundational tumbling skills in a fun, structured setting.

Skills: Balance, strength, coordination

Attire: Leotard or athletic wear, bare feet

Tutus & Tap Stars – Ballet/Tap Combo – A lively class introducing ballet and tap technique with a focus on rhythm and grace.

Skills: Ballet basics, tap rhythm, expression

Attire: Leotard, white tights, Capezio pink ballet shoes & Capezio white toddler tap shoes.

Mini Movers (Ages 5-6) – kindergarten

Sparkle Squad Hip Hop – An upbeat class focused on choreography, confidence, and performance.

Skills: Musicality, teamwork, performance

Attire: Athletic wear, sneakers

Sparkle Squad Tumbling – A skill-building class focusing on strength, flexibility, and tumbling progressions.

Skills: Cartwheels, bridges, coordination

Attire: Leotard or athletic wear, bare feet

Sparkle Squad Cheer – A high-energy class introducing cheer motions, jumps, and routines.

Skills: Teamwork, coordination, performance

Attire: Athletic wear, white sneakers

Twirl Squad Combo – Ballet/Tap – A structured combo class focusing on technique, coordination, and performance.

Skills: Ballet fundamentals, tap rhythm, movement quality

Attire: Leotard, white tights, Capezio pink ballet shoes & Capezio white toddler tap shoes.

PRIMARY AND SECONDARY DANCE PROGRAMS

AGE GROUP: 7-9 YEARS OLD

Primary Program (Ages 6-7)- 1st and 2nd grades- **Building confidence, coordination, and foundational technique.**

Primary Acro Crew – Acrobatics - A skill-building class focusing on strength, flexibility, and tumbling progressions.

Skills: Cartwheels, bridges, core strength and body control exercises.

Attire: Leotard or athletic wear, bare feet

Primary Hip Hop Crew – Hip Hop - An upbeat class focused on choreography, confidence, and performance.

Skills: Basic hip hop moves, coordination, musicality, and spatial awareness.

Attire: Athletic wear, sneakers.

Spotlight Combo – Ballet/Tap/Jazz - A structured combo class focusing on technique, coordination, and performance.

Skills: Ballet fundamentals, tap rhythms, movement quality, following choreography and patterns.

Attire: Leotard, tan/caramel colored transitional tights, Capezio pink ballet shoes & black Oxford style lace up tap shoe.

Secondary Program (Ages 8-9)- 3rd and 4th grades - **Growing skills, confidence, and performance quality.**

Secondary Acro Crew – Acrobatics - A skill-building class focusing on strength, flexibility, and tumbling progressions.

Skills: Cartwheels, bridges, core strength and body control exercises.

Attire: Leotard or athletic wear, bare feet

Secondary Hip Hop Crew – Hip Hop - An upbeat class focused on choreography, confidence, and performance.

Skills: Basic hip hop moves, coordination, musicality, and spatial awareness.

Attire: Athletic wear, sneakers.

Stage Stars Combo – Ballet/Tap/Jazz - A structured combo class focusing on technique, coordination, and performance.

Skills: Ballet fundamentals, tap rhythms, movement quality, following choreography and patterns.

Attire: Leotard, tan/caramel colored transitional tights, Capezio pink ballet shoes & black Oxford style lace up tap shoe.

TWEEN AND TEEN DANCE PROGRAMS

AGE GROUP: 10-16 YEARS OLD

Elite Tween Dance Program (Ages 10–12) - 5th thru 7th grades - A fun, social program designed to build confidence and connection through dance.

Tween Hip Hop - High-energy choreography, rhythm, and style in a supportive environment.

Skills: Basic-Intermediate hip hop moves, freestyle basics and self-expression, confidence and performance skills.

Attire: Athletic wear, sneakers.

Tween/Teen Acro - A strength and flexibility-based class focused on tumbling and acro skills.

Skills: Core strength and body control exercises, flexibility training, beginner-intermediate tumbling skills

Attire: Leotard or athletic wear, bare feet

Tween/Teen Ballet - A strong focus on both building solid fundamentals and helping dancers progress with control, technique, and artistry.

Skills: Barre work, center work and across-the-floor combinations, flexibility and strength development.

Attire: Leotard, pink tights and Capezio pink ballet shoes.

Tween Jazz/Lyrical Combo - A blend of technique and expression, focusing on storytelling through movement.

Skills: Musicality, following choreography and patterns, confidence and performance quality.

Attire: Leotard, tan/caramel colored transitional tights, Capezio caramel colored slip on jazz shoe.

Elite Teen Dance Program (Ages 13–16) - 8th grade and up - A welcoming, engaging program for teen dancers to stay active and expressive.

Teen Hip Hop - Dynamic choreography and performance-focused movement.

Skills: Basic-Intermediate hip hop moves, freestyle basics and self-expression, confidence and performance skills.

Attire: Athletic wear, sneakers.

Tween/Teen Acro - A strength and flexibility-based class focused on tumbling and acro skills.

Skills: Core strength and body control exercises, flexibility training, beginner-intermediate tumbling skills

Attire: Leotard or athletic wear, bare feet

Tween/Teen Ballet - A strong focus on both building solid fundamentals and helping dancers progress with control, technique, and artistry.

Skills: Barre work, center work and across-the-floor combinations, flexibility and strength development.

Attire: Leotard, pink tights and Capezio pink ballet shoes.

Teen Jazz/Lyrical Combo - Technique-driven and expressive choreography in a supportive setting.

Skills: Musicality, following choreography and patterns, confidence and performance quality.

Attire: Leotard, tan/caramel colored transitional tights, Capezio caramel colored slip on jazz shoe.

EVEN MORE DANCE PROGRAMS

AGE GROUP: 5-16 YEARS OLD

Latin Fusion Program (Ages 6–16) High-energy, expressive movement inspired by Latin dance styles.

Latin Groove Kids (Ages 6–9) – A fun introduction to Latin dance with a focus on rhythm, coordination, and expression.

Fuego Fusion (Ages 10–16) – An exciting fusion of Latin styles and modern movement, focused on performance and musicality.

Attire for both: Appropriate Dance clothes, special latin ballroom shoes. *available in our dress code.

Boys Hip Hop (Ages 5 –10)

Boys Hip Hop Crew – Hip Hop – An upbeat class focused on choreography, confidence, and performance.

Skills: Basic hip hop moves, coordination, musicality, and spatial awareness.

Attire: Athletic wear, sneakers.

Let's
dance!

